DECEMBER 5TH 2025

SOUTHFIELD PARK

NEWSLETTER

Dear families

It has been a pleasure to be in every classroom this week, watching a range of learning from History in Year 5 to one-to-one writing in Reception. The children are always keen to show off their learning and talk about the progress that they have made. This week, I have also been inundated with children who have been sent down to show me their work. We aim to spot and celebrate effort, progress and excellence, and this week has been full of all three. Particularly gripping have been the Year 4 Beowulf-inspired newspaper reports. Well done Year 4!

Christmas performances are being polished and perfected and we'd like to invite our parents from Reception to Year 3 into school next week. Families of Year 4 to Year 6 children have a little bit longer to wait, but I can assure you, it will be worth it – the singing is sounding fantastic already. The full schedule can be found below.

Best wishes for a lovely weekend,
Sally Smith

Dates for your diary...

Mon 8th Dec
- Year 2 and Year 3 Christmas Performance to Year 3 parents - 9.15am

Tues 9th Dec
- Year 2 and Year 3 Christmas Performance to Year 2 parents - 9.15am

Wed 10th Dec
- EYFS and Year 1 Christmas Performance to Reception parents - 9.15am

Thur 11th Dec
- EYFS and Year 1 Christmas Performance to Year 1 parents - 9.15am

Tues 16th Dec
- Phase 3 rehearsals at the Church - 10am

Wed 17th
- Christmas Lunch and KS2 Party afternoon – party wear or Christmas jumper

Thurs 18th Dec
- Phase 3 Carol Concert at the Church - 10am
- EYFS and KS1 Party afternoon – party wear or Christmas jumper

Fri 19th Dec
- Christmas Panto for the children

Fri 19th Dec
- Break up for Christmas Holidays - 1.30pm

Christmas Performances at Southfield Park

Christmas performances are being polished and perfected and we would like to invite you along:
9:15 am Mon 8th Dec Year 2 and 3 performance to Year 3 parents
9:15 am Tues 9th Dec Year 2 and 3 performance to Year 2 parents
9:15 am Wed 10th Dec Year R and 1 performance to Year R parents
9:15 am Thurs 11th Dec Year R and 1 performance to Year 1 parents
(10am Tues 16th Dec Year 4 – 6 Carol Concert Rehearsal at Christ Church)
10am Thurs 18th Dec Year 4 – 6 Carol Concert at Christ Church

Safeguarding at Southfield Park

We have recently increased our team of Designated Safeguarding Leads (DSL) at the school to facilitate better working practices and to support our families better.
All of our staff are trained and committed to safeguarding and promoting the welfare of children, but our DSLs have further training, experience and responsibility. If you are worried about a child or have a concern you would like to share, please contact us.
Safeguarding is always our highest priority

Staff Governor Elections

I am very pleased to say that Mrs Fran Foley has been elected as a staff Governor this week, and she joins me and Miss Lizzi Fraser as members of staff on the Local Governing Board.

- **Parent Governor Vacancy - Ballot to take place**

We are so pleased with the response to our request for parent governor nominees and have received 3 nominations. This means a vote will take place to appoint 2 nominees.
Parent governors are welcomed as valued members of the governor team and play an important role; the governing body works together as a group, meeting once each term and undertaking visits to the school. Governors work alongside the school leaders on the strategic planning to strengthen provision.
Anyone with parental responsibility for a child at the school is entitled to a vote and we would encourage you all to use this vote. This can be done easily by completing the ballot form via this link
https://forms.gle/Pt6BAcZegKj4dD8a9
Voting closes on 18th December at 12 noon.

When considering who to vote for please consider the following:

- The Local Governance Body (LGB) is a sub-committee of the Board of Directors and has an advisory role. Directors value the input from local governors who provide an insight into the lived experience at the school.
- A parent governor is a representative parent on the LGB and their role is strategic and not about the day to day operation of the school. Any issues that may arise for parents that relate to their child or operation of the school need to be raised with the appropriate member of staff and not through the parent governor.

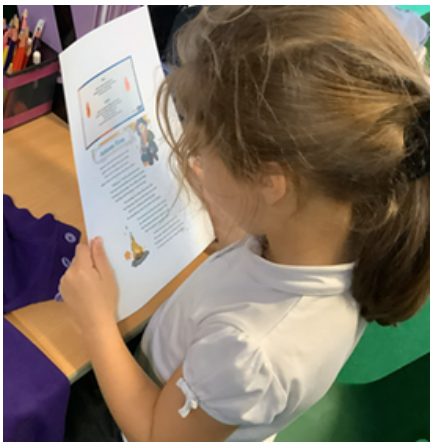
We are incredibly lucky to have parents who wish to put themselves forward for the role and I would like to wish everyone the best in the ballot and look forward to welcoming the newly elected parent to the next LGB meeting on 12th March 2026.

- **This week in Year 2 – Performance Poetry**

This week in Year 2, we have started a new English learning journey all about poetry. We started the week thinking about what we already know about poetry, comparing poems to the other forms of writing we have looked at so far this year and exploring poetry written by famous poets.

We then watched a video by Joe Coelho, a famous poet and author, who gave us advice on how to perform poetry and brings the words on the page to life. Working in groups, we learnt a firework poem, practising changing the volume and speed of our voices and coming up with actions to make our performance exciting for the audience.
We loved performing to the rest of the class.

This is great preparation for the end of our learning journey when we will be performing firework poems we have written ourselves to another year group!



Year 3 Step Back in Time!

Yesterday, Year 3 enjoyed an unforgettable day at the Chiltern Open Air Museum, travelling back thousands of years to discover what life was really like in the Stone Age and Iron Age.

During our Stone Age workshop, the children learned how early humans survived using the world around them. They tried striking flint to make sparks – some of us even made fire! They built shelters using animal skins and even practised hunting skills using spears. The class also discovered how natural paints were made and a few brave artists even decorated their faces!

In the Iron Age workshop, we stepped inside a real roundhouse. The children used a quern stone to grind grain into flour, churned milk to make butter, shaped their own clay pinch pots and made flatbreads

It was a fantastic hands-on learning experience and Year 3 returned with lots of new knowledge and great memories made! Well done to all the children for their enthusiasm and throwing themselves into life in the past!

- **Year 5 and 6 Football Tournament**

  Our Year 5 and 6 girls' football teams headed off on Tuesday to a tournament to compete against other local schools. The girls were all great ambassadors for the school, playing with great team spirit. Thank you to the parents who provided excellent support from the side-lines and to Miss Kainath Sarwar and Mrs Laura Pereira who prepared the girls and supported them on the day. Congratulations to both teams! Our Year 6 team went on to win the tournament and came back with a trophy to show off!

Year 5 Team

Year 6 Team

Year 6 Winners!

ASK THE HSLW

Ask the HSLW, a space where we'll answer common parenting questions and share practical, evidence-based tips to support families with everyday challenges.

My child goes into full meltdown. What do I do?

When a child is in meltdown mode (crying, screaming, shutting down, hitting, or running away), their brain is overwhelmed. In those moments, they are not being naughty, they are not able to think clearly or reason.

What's happening in the brain?

Whenemotions run high, the amygdala (alarm system) takes over and the prefrontal cortex (thinking/logic part) disconnects.
This means they can't listen, process instructions, make good choices, or calm down just because we tell them to.
In meltdown mode, children don't need correction. They need connection and safety.

What to do and what to say

🛑 **Pause,don'ttry to fixityet.**

- Trying to reason ("Stop it," "Calm down," "You're being silly") won't work and may make it worse.

✨ **Instead, use calm, low words to reassure:**

- "You're safe."
- "I'm here. We'll get through this."
- "Your feelings are big, but I'm not going anywhere."

👉 **It's normal if you're feeling overwhelmed yourself. It's okay to step away briefly if safe. Say:**

- "I'm just going to step over here to calm myself. I'll be back. You're not alone."
- This builds trust, you leave calmly and return calmly.

Key Message

In a meltdown, children need safety, not solutions.
Regulation before conversation.
Connection before correction.

Connect then correct

Once theirbody and breathing slows, and they're beginning to settle, this is when logic begins to return.

You might say:

- "That feeling felt too big for your body. It's okay, I'm proud of you for calming."
- "Shall we try a hug, a drink of water, or a deep breath together?"

After the meltdown (When fully calm)

This is the time for gentle reflection or a restorative chat, not blame or shame.

Try asking:

- "What do you think your feelings were trying to tell us?"
- "What helped you feel better?"
- "Next time, what could we try?"

Use simple language:
"When I feel angry, my body does ___, I can try ___."

If you got angry too

It happens.Whatmatters mostisrepair, not perfection.

You could say:

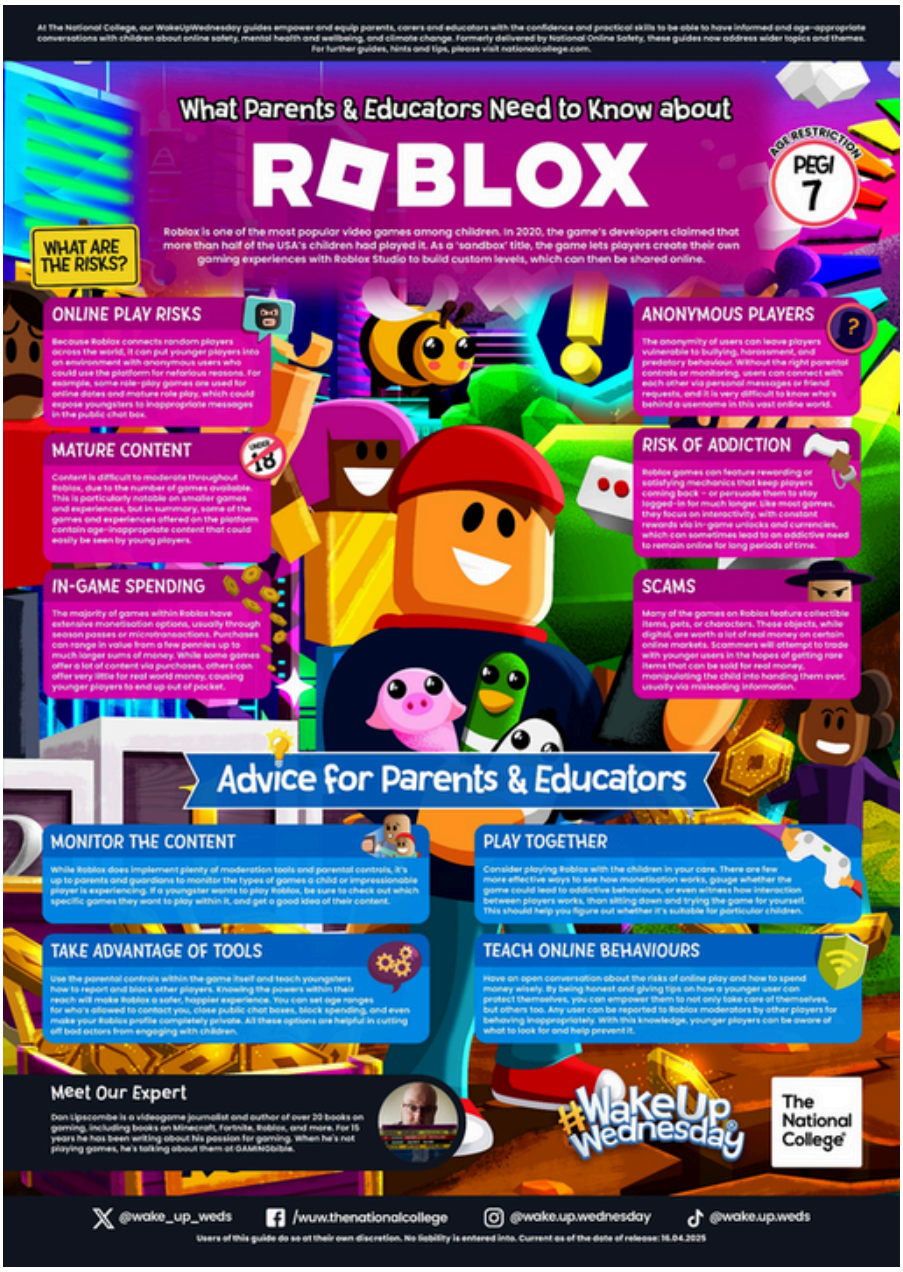
- "I felt overwhelmed too. I shouldn't have shouted, I'm sorry. I'm learning as well."
- "Even when we feel cross, we still care about each other."

This teaches children that relationships can rupture and also repair.
One of the most powerful lessons we can give.

- **Ewell Family Centre Drop-in Sessions**

The Ewell Family Centre have asked us to let you know that they have extended their Thursday Drop-In sessions, and will now have a member of the Citizen's Advice Bureau present as well as our Family Support Workers.
This means that parents/carers can drop in to Ewell Family Centre on a Thursday morning with questions about parenting/family issues (such as behaviour, SEND, family conflict, domestic abuse) and also questions about practical matters such as housing, benefits, energy and debt.
The drop-in is open to all parents/carers in Epsom & Ewell, and there is no need to book.

- **Roblox**
  Many of our children are playing Roblox at home and we are sure that the vast majority are playing safely. As parents, it is important to understand the risks that children are exposed to when playing online, so that we can limit them and help our children to recognise them. Online gaming regularly spills over into the school day, with children discussing game play and we often have to get involved when children have fallen out in a game or have behaved inappropriately. Please do ensure that you know what your children are doing online, and who they are talking to. This week, we have been alerted to a safeguarding concern for some of our chidlren playing Roblox. This poster, from The National College, highlights some of the risks that children and parents need to be aware of and it is a useful way in to a discussion with your child about their behaviour in the game and the risks they are exposed to.



S H I N E

Stars of the week

RC
Star of the week: Melody

RF
Star of the week: Irene

Year 1 HM
Star of the week: Sammy

Year 1 CR
Star of the week: Ellie

Year 2 GR
Star of the week: Freddie

Year 2D
Star of the week: Nyla

Year 3F
Star of the week: Harrison

Year 3A
Star of the week: Gala

Y4 K
Star of the week: Reyne & Ramila

Year 4J
Star of the week: Azra

Year 5BS
Star of the week: Lily

Year 5S
Star of the week: Esias

Year 6N
Star of the week: Elsie

Year 6C
Star of the week: Rosie

S H I N E

DECEMBER 5TH 2025

- **Term Dates 2025-26**

  Autumn term 2025
  Start of term: Wednesday 3rd September 2025
  INSET days: 2nd and 3rd September (school closed to children)
  Thursday 4th September 2025 – first day for children
  INSET day: 24th October (school closed to children)
  Half term break: 27th October to 31st October 2025
  End of term: Friday 19th December 2025 (school closes at 1:30pm)

  Spring term 2026
  Start of term: Monday 5th January 2026 (children in school)
  Half term break: 16 February to 20 February 2026
  End of term: Friday 27th March 2026 (school closes at 1:30pm)

  Summer term 2026
  Start of term: Monday 13th April 2026
  Half term break: 25th May to 29th May 2026
  End of term: Friday 17th July 2026 (school closes at 1:30pm)
  INSET DAYs (made up earlier in the year) 20th, 21st and 22nd July 2026 (school closed)

- **Term Dates 2026-27**

  Autumn Term 2026
  INSET days: 1st and 2nd September (school closed to children)
  Start of term: Thursday 3rd September 2026 (children return to school)
  Half term break: Monday 19th to Friday 30th October 2026 **(two weeks)**
  End of term: Friday 18th December 2026 (school closes at 1:30pm)

  Spring Term 2027
  INSET days: Tuesday 5th Jan (school closed to children)
  Start of term: Wednesday 6th January 2027 (children return to school)
  Half term break: Monday 15 February to Friday 19 February 2027
  End of term: Thursday 25th March 2027 (school closes at 1:30pm)

  Summer Term 2027
  Start of term: Monday 12th April 2027
  Half term break: Monday 31st May to Friday 4th June 2027
  End of term: Tuesday 20th July 2027 (school closes at 1:30pm)
  INSET days: Wednesday 21st and Thursday 22nd July 2027 (school closed)

Southfield Park Primary School

Autumn Term 2025 Dates

Date	Time	Event
Tues 2nd & Wed 3rd Sept	8:30	INSET days (school closed to children)
Thu 4th Sept	8:35	First day of term for Years 1-6 Reception story and play am or
Fri 5th Sept	AM/PM	Reception groups am/pm
Mon 8th Sept	Various	Clubs start
Mon 8th Sept	AM	Reception children in and home at 12pm
Tues 9th Sept	AM	Reception children in and stay for lunch (home at 12:30pm)
Tues 9th Sept		Mindworks Workshop with Year 5
Wed 10th Sept	AM	Reception children in and stay for lunch (home at 12:30pm)
Wed 10th Sept	9 – 9:30 am	Meet the Teacher (yr1 – 6)
Thur 11th Sept		Reception in full time
Mon 15th Sept	9:15am	Prospective Parent tour
Tues 16th Sept		Mindworks Workshop with Year 5
Tues 16th Sept	After school	Pre-loved uniform sale
Wed 24th Sept	9am and 5:30pm	Reception Parents Phonics and Early Reading Information
Wed 24th-Fri 26th Sept		Year 4 Sayers Croft Residential

Southfield Park Primary School

Autumn Term 2025 Dates

Date	Time	Event
Monday 29th and Tue 30th		Individual photos
Fri 3rd Oct	9:15am	Prospective Parent tour
Fri 3rd Oct		Christmas Card artwork sent home
Fri 10th Oct		World Mental Health Day
Sat 11th Oct	10am – 12pm	Prospective Reception Stay and Play
Mon 13th		Flu immunisations
Mon 13th – Fri 17th Oct		International Week
Fri 17th Oct	6 – 8pm	Family Bingo Night
Tue 14th Oct	9 – 9:30am	Open Classrooms (All)
Tues 14th – Fri 17th Oct		Harvest Collection for the Food Bank
Mon 20th Oct	9:15am	Prospective Parent tour
Wed 22nd Oct	5:30pm	Early Maths Parent Meeting for Reception and KS1 parents
Thur 23rd Oct	End of school	Break up for half term
Fri 24th Oct		INSET Day (school closed to children)

Southfield Park Primary School

Half Term Mon 27th Oct- Fri 31st Oct		
Mon 3rd Nov	8:35am	Children return to school
Fri 7th Nov		Anti-Bullying Day
Fri 7th Nov		Crazy Hair Day in exchange for Christmas hamper donations
Week of 10th Nov		Jolly Jar donations for the Christmas Fair
Tues 11th Nov		Remembrance Day
Thur 13th Nov	9:15am	Y2 Assembly
Fri 14th Nov	All day	Children in Need House Event: Ramble
Tues 18th Nov		Year 1 trip to Brooklands
Week of 17th Nov		Buy your tokens for the Christmas Fair
Thurs 20th Nov		EYFS and KS1 Road Safety Trips
Thurs 20th Nov		MUFTI day in exchange for bringing a bottle for the
Friday 21st Nov		KS2 Road Safety Trips
Saturday 22nd Nov		Christmas Fair
Mon 24th Nov	9:15am	Prospective Parent tour
Mon 24th Nov	15:00 – 18:30 16:00 – 18:00	Parent Consultations
Tue 25th Nov	15:00 – 18:30 16:00 – 18:00	Parent Consultations
Mon 8th Dec	9:15 am	Year 2 and Year 3 Christmas Performance to Year 3 parents

Tue 9th Dec	9:15 am	Year 2 and Year 3 Christmas Performance to Year 2 parents
Wed 10th Dec	9:15 am	EYFS and Year 1 Christmas Performance to Reception parents
Thur 11th Dec	9:15 am	EYFS and Year 1 Christmas Performance to Year 1 parents
Tues 16th Dec	10am	Phase 3 rehearsals at the Church
Wed 17th Dec		Christmas Lunch and KS2 Party afternoon – party wear or Christmas jumper
Thurs 18th Dec	10am	Phase 3 Carol Concert at the Church
Thurs 18th Dec		EYFS and KS1 Party afternoon – party wear or Christmas jumper
Fri 19th Dec	am	Christmas Panto for the children
Fri 19th Dec	1:30pm	Break up for Christmas Holidays

Southfield Park Primary School

SPRING TERM 2026		
Date	**Time**	**Event**
Mon 05.01	8:35am	Children return to school
Wed 07.01	9:15am	Prospective Parent Tour
Fri 09.01	Year Group newsletters out to parents	
Mon 12.01	Spinnaker Workshop Year 4 all day	
Mon 19.01	9:00am	Parent workshop on self-regulation strategies for children
Mon 19.01 – 30.01	Year 4 swimming starts for 2 weeks	
Tues 30.01	6pm	Friends Quiz Night
Mon 02.02	Pm Year 5 and 6 Football Tournament	
Mon 02.02	Year 6 Heart Dissection	
w/c Mon 09.02	Careers Week	
Fri 13.02	After school	Krispy Kreme Donut Sale
	Half term – 16th – 20th	
w/c Mon 23.02	Daily	Friends Event: Book Swap
Wed 25.02	2:15pm	KS2 Parents Maths Workshop and Information Session
Thu 26.02	9:15am	Y5 Assembly
Thu 26.02	Pm	Year 5 and 6 Tag Rugby Festival
Mon 02.03.26	9am	SEND coffee morning
w/c 02.03	Book Week	
Thur 05.03	World Book Day including Friends' Book Sale (we are not dressing up this year)	
w/c Mon 09.03 – Fri 13.03	Bikeability for Year 4	
Mon 16.03 & Tues 17.03	Pm	Reception Parent Consultations

Fri 20.03	Easter Discos	
Mon 23.03	All day	Dress Rehearsal for Music Festival (Glee) at Epsom Playhouse
Mon 23.03	Open Classrooms 2:45 – 3:45pm	
Tues 24.03	Eve	Choir attending Dorking Halls Music Festival
Tues 24.03 and Wed 25.03	Eve	Music Festival (Glee) at Epsom Playhouse
Wed 25.03	Reports out to parents (years 1 – 6)	
Fri 27.03	Break up at 1:30pm	

Privacy Notice:
We collect and use personal information about pupils in accordance with the UK General Data Protection Regulation (UK GDPR), section 537A of the Education Act 1996 and section 83 of the Children Act 1989.
Please click here to go to see the full information in our Privacy Notice for Parents, Carers and Pupils which can be found on our website under the Parents / GDPR
https://www.southfield-park.surrey.sch.uk/parents/gdpr

Southfield Park
Primary School

ARE YOU STILL FINALISING YOUR CHILD'S RECEPTION PLACE FOR SEPTEMBER 2025?

We have a handful of September 2025 Reception places remaining.

We understand choosing the right school is a big decision. If you've accepted a Reception place elsewhere but are having second thoughts, it's not too late to make a change.
Our nurturing environment and individual attention mean your child will be known, valued, and inspired every day.

Whether you're newly considering us or rethinking your current place, we would love to welcome you into our community.

CONTACT US TO BOOK A TOUR!

www.southfield-park.surrey.sch.uk

info@southfield-park.surrey.sch.uk

Southfield Park Primary School, Long Grove Road, Epsom KT19 8TF

Skates and Pads Available

Epsom
RollerSkating&Roller Hockey Club

FUN ROLLER SKATING FOR KIDS

THE FUN BASICS

LEARN TO SKATE

Take yourfirst fun steps
With our qualified instructors
Learn tomove, turn &stop

NEW SKATERS WELCOME

LEARN TRICKS

You'll soon be gliding, sprinting, spinning, jumping and skating backwards

MAKE NEW FRIENDS

FUN & GAMES

Learn

Games

HOCKEY

KIDS SESSIONS	ALL ABILITIES AGES 7-12
BEGINNERS;	EXPERIENCED SKATERS
SOCIAL & FUN	SPORT & COMPETITION

3rd Epsom (St Martins) Scout Hall Saturday Mornings

www.skateclubs.org | info@skateclubs.org

GET ACTIVE HAVE FUN

BE PART OF THE CLUB

Skating

We show beginners how to take their first steps on skates
Teach skating skills from the basics to more advanced moves
Play skating games like stuck in the mud, limbo, etc.

Roller Hockey

In the roller hockey session, wewill teachbeginners the basics of playing and then progress to more advanced aspects of the game.
We will play fun matches each week
and compete monthly in our local league.
We also need goal keepers as well as outfield players.
We have skates and pads available, included in the price. Helmets ar

optional. If you want a helmet, please bring your own.

Times & Dates

Session on Saturday6thDecember 11am-12pm
Then every Saturday from 3rd January 2026
Roller Skating:11.30am-12.30pm
Roller Hockey 10.30am-11.30am

Where To Go

3rdEpsom Scout Hall (St Martins),
Church Road, Epsom, Surrey, KT17 4AB
The access gate is next to 1 Church Road.
Parking at the hall is limited. Please park nearby. Do not park immediately outside the entrance gate.

How to Book

Bookat www.skateclubs.org
Or scanQRcode
Price: £7

Any questions, message us 07760 993488

WARM

FREE

WEDNESDAYS

Join us this winter

- Hot drinks
- Hot soup
- Evening meal
- Family afterschool club
- Help with energy bills
- Friendship and chat

Simply drop in, no booking required

Epsom Methodist Church
warm
Wednesdays

Wednesdays

9am–2pm • 3.30pm–6pm

From 5th November until 25th March

Epsom Methodist Church,

11-13 Ashley Rd, Epsom KT18 5AQ

WINTER FESTIVAL 2025

Add some sparkle to your season – family fun and festive magic

Saturday 6 December
1pm - 6pm
Tadworth Court
Surrey KT20 5RU

Visit Santa, get crafting, browse our market, enjoy tasty treats and more, at our family Christmas festival

thechildrenstrust.org.uk/winter-festival
events@thechildrenstrust.org.uk

Registered with FUNDRAISING REGULATOR
The Children's Trust, Tadworth Court, Tadworth, Surrey KT20 5RU
Registered charity number 288018. TCT_2260 10/25

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The Children's Trust
For children with brain injury