

MARCH 27<sup>TH</sup> 2026

SOUTHFIELD PARK



# NEWSLETTER



## Dear families

It was lovely to see so many of you at Open Classrooms this week, and I had many comments about what a treat it was to see what your children have been up to. We also saw many of you at our parent workshop on PDA on Tuesday.

Thank you to the Friends for running the Easter discos last week. There was a lot of fun, and some seriously good dance moves were on show. Thank you also to the Friends, staff and parents who attended to make sure that the event ran smoothly.

Glee Club performed at Epsom Playhouse on two evenings this week, and the Choir performed at Dorking Halls in the Music Festival on Tuesday. Mrs Foley and I were able to join our parents for an event each and thoroughly enjoyed watching our children represent our school so successfully. Thank you to Mrs Anita Leung and Mrs Fay Hall for their work with the choir, and to the LAMDA team, Mrs Kelly Reece, Miss Claire Cobban, Miss Ellie Fox and Mrs Helene Lebas for supporting Glee Club.

It has been a whirlwind of a half-term, with only five weeks to get everything done. Well done to the children, staff and families for reaching the end of term successfully.

We wish you all a very happy Easter break and will see you again on Monday 13th April for the beginning of the Summer Term.

Sally Smith

## Dates for your diary...

### Mon 13<sup>th</sup> April

- Children return to school  
8.35am

### Tues 14<sup>th</sup> April

- Duck egg experience arrives  
in Reception

### Thu 16<sup>th</sup> April

- Grow, Cook, Enjoy planting  
with KS2

### Fri 17<sup>th</sup> April

- Year Group Newsletters out  
to parents



● **Staff Updates**

We are very pleased to have welcomed Miss Jade Franklin to our team of Midday Meal Supervisors this week

We will all be thinking of Miss Lizzi Fraser and her partner, George, who are getting married over the Easter break. Many congratulations to them both from the Southfield Park community.



Miss Fraser has decided to keep her maiden name at work for the rest of this academic year, before changing to Mrs Hyett in September.

After 2 years, Mrs Zsuzsanna Katona, our School Business Manager, has taken the decision to leave Southfield Park Primary School at the end of this academic year. Mrs Katona has worked tirelessly to support our Southfield Park community since she joined the school in 2024, seeing us through many changes and ensuring the smooth and effortless running of every element of school life. We are truly grateful for her commitment and hard work during her time with us, and we know you will join us in wishing her all the best for the future.

● **The Little Recyclers**

Ready for a Spring sort-out? The Friends have organised a collection from The Little Recyclers on Wednesday 15th April.

You are most welcome to bring bags of unwanted clothing to school on Tuesday 14th at any time or Wednesday 15th first thing only. Please check the list in the poster for items that they will accept. This is a fundraising opportunity for the school so please take the opportunity to send any unwanted items our way.



# ATTENDANCE MATTERS

## INFORMATION FOR PARENTS AND CARERS

'Good school attendance gives your child the opportunity of success and helps develop academic and social skills for life'




### Why is good attendance important?

There is much research to prove the link between attendance and achievement and therefore it is very important that your child attends school every day unless there are exceptional circumstances.

### Pupils with good attendance are more likely to do well at school.

When children miss school, even if the time period is very short, it can lead to gaps in their learning which might make future lessons more difficult for them to access. Regular attendance helps children to feel part of the school community and enables them to develop good relationships with their peers and other members of the school community.

“The world is run by those who turn up.”

| % of attendance in a school year  | Number of days absent  | Weeks missed  | Impact on achievement                        |
|---|--|---|--|
| 98%   | 4  | Less than 1 week  | Will almost certainly achieve full potential |
| 95%   | 9.5  | Nearly 2 weeks  | Likely to achieve but could still improve    |
| 90%   | 19  | Nearly 4 weeks  | Will be harder to achieve their best         |
| 85%   | 29   | Nearly 6 weeks  | High risk of under achievement               |
| 80%   | 38   | Missing a year of school over the time spent in Primary education                                     | Underachievement is highly likely            |
| Below 80%  over 38 |  | Missing over a year of school over the time spent in Primary education                                | Extreme impact on learning and development   |

### What does the law say?

By law, all children of compulsory school age (between 5 and 16) must get a suitable, full-time education. As a parent, you are responsible for making sure this happens.

As a school, we have a legal duty to mark the register and record the attendance of every child on its roll and to specifically code which children are absent or late and the reasons why.

### What is an authorised absence?

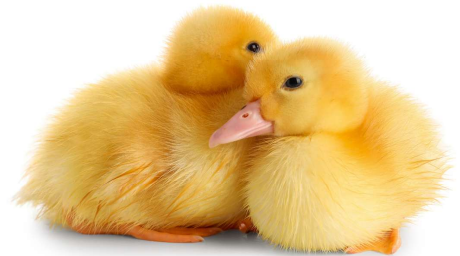
- Your child is too ill to attend school (proof of illness from your doctor may be required).
- An unavoidable medical appointment.
- An agreed leave of absence (Note: A Leave of absence form needs to be completed prior to absence).

### What is an unauthorised absence?

- A family holiday.
- Sleeping in.
- Staying off school because a sibling or parent is unwell.
- Taking the day off because it is your birthday.
- Staying home for deliveries; Any other similar reasons.

- **Reception Visitors**

When we come back from our Easter holidays, Spring will be in full flow, and to tie in with their Farm topic, Reception will have some very special visitors. This year, we will be taking part in the Incredible Eggs project. Duckling eggs will arrive and will be due to hatch within a few days. They will then be transferred from their incubator to the brooding unit. The Reception children will be able to observe the process for two weeks and will help care for ducklings and will be able to observe their antics. Thank you to the Friends for helping us fund this enriching experience. You can find out more by visiting [Incredible Eggs - Ethical providers of hatching kits](#) and can continue to watch this space for some egg-citing developments!



- **Uniform**

Please ensure that your children have everything they need in order to comply with uniform expectations. There are some children who are becoming more relaxed in how they are dressing. We will challenge children if they are not wearing the correct uniform, which can cause embarrassment and upset. Children are not permitted to wear boots or trainers to school and all school shoes should be black. Hair below shoulder length should be fully tied back for boys and girls.

Please note that some of our children have sensory requirements and we have special arrangements in place to accommodate these.

As the weather warms up next term, children tend to shed layers. Please ensure that all items are named so that lost items can find their way back to the right person.

Our new logo has now been shared with our uniform providers and we are working with them on pricing and rolling out new stock. It will take some time for items with the new logo to be made available and we will keep you updated on this. I can assure you that items with the old logo will be phased out gradually, and you are most welcome to continue to pass items with the old logo down to younger children.

- **Change of Date: Information Parents' Evening-New Reception Intake 2026**

Please note that the Information Parents' Evening has been rescheduled and will now take place on **18th June** from **6:00-7:00pm**.



- **Job Opportunity - Part-Time HR Assistant**

Southfield Park Primary & Ewell Grove Primary & Nursery School are recruiting - We are looking to appoint a permanent part-time HR Assistant to join our HR Team. This exciting role will support the Trust's HR Manager with providing a range of administrative support services to assist effective and efficient HR, payroll and training & development. This is an excellent opportunity for someone looking to grow their experience in HR whilst contributing to a supportive and collaborative team. Working hours are: 25 hours per week, to be worked between 8am and 4pm Monday to Friday, term time plus 5 inset days and one additional week to be worked during school holidays (39 weeks a year).

For more information please visit: <https://www.eteach.com/job/hr-assistant-1542318>

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- On Tuesday 17<sup>th</sup> March, **Year 5** were treated to an immersive day of RE where they learnt about the Easter story. In the morning, they designed a bag and throughout the day they were given objects to place inside it that symbolised important aspects of the story, for example friendship bands to represent things they were thankful for. It was lovely to see the children talking about the things that they were thankful for as they threaded beads onto their bands. We also decorated palm leaves to symbolise the welcoming of Jesus on Palm Sunday. The volunteers told us all about the Easter story with such enthusiasm and the children listened so beautifully to the re-enactments of accounts from people who witnessed the crucifixion. Some of the children even got to dress up and we all enjoyed joining in with the court room scene. We were amazed how so much learning could be squeezed into one day!

"It was exciting because we got to make bracelets and design a bag."

"I enjoyed the drama."

"We learnt how and why Jesus sacrificed himself for us."



**Computing Day at Southfield Park**

On Wednesday, the school was a buzz of excitement as three experienced educators from eduthing arrived at school to lead a selection of computing workshops in every class using some of the most up to date computing technology. We were also joined by one of the BBC’s videographers whose task was to film the excitement and learning of the children, just a stone throw away from his day job creating Bluey!



**Reception** really enjoyed Scott and Leyla’s Online Adventure workshop. They learned about how to stay safe online, including not sharing private information with strangers and the importance of telling a trusted adult if they need help. The children especially loved the interactive elements of the session, “We loved using the puppets and singing the song!”



The children in **Year 1** really enjoyed learning about safe and unsafe passwords, using screen at home safely. They enjoyed using the pictures as a hands-on way to work as a group to think about safe and unsafe situations when we are using screens. Tim was great, super engaging, with interactive and colourful resources.

The children in **Year 2** had an amazing workshop commading 4 different types of robots to move with voice commands,

*“I had a great time, it was fun watching the robots move.”*

*“I loved it, the robots were very cool”*

The children in **Year 3** had an exciting, hands-on workshop where they explored robotics.

*“I loved exploring how to make the trains move and how different tiles told the train to move in different ways!”*

*“ I loved the trains and the track and the whole thing!”*

In **Year 4** using Octostudio on I-pads, the children had great fun and then creating computer games in which food fell from the needed to catch it to score points.



*“The workshop was super fun; I would really like the man to come back again so we can make different games next time.”*

*“I enjoyed learning how to make the games, and I am now going to try doing it at home.”*

The pupils in **Year 5** had the opportunity to use 'Oh bot' to programme a robot head.

*"It was such a fun workshop, I really enjoyed seeing how my coding made the robot move."*

*"This was a new experience for me and one I would love to try again."*



**Year 6** took part in an exciting artificial intelligence workshop. During the session, pupils explored how AI works and discovered how it is used in everyday life, from voice assistants to recommendation systems. They also had the opportunity to take part in hands-on activities, encouraging problem-solving and creativity. The workshop was both engaging and informative, inspiring many pupils to think about the future of technology and their role within it.

*"It was great because we learnt about the pros and cons of AI and we also learnt how powerful AI is because we generated a song about 6N and 6C in a matter of seconds!"*

*"It was fascinating because it gave us a small insight into what the world may look like in the future!"*

*"Now I really want a self-driving car!"*

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- On Tuesday 24<sup>th</sup> March, the Southfield Park Singers took part in the Surrey Primary Singing Festival at Dorking Halls alongside choirs from seven other schools. It was a privilege to hear them all sing together on the stage and they made the whole audience smile. We were so proud to hear our choir sing a range of songs from different cultures and time periods, some of which were very tricky to learn! A special thanks to Mrs Leung for all her hard work in preparing the choir for this event.



Congratulations to Karina on her fantastic achievement in earning Trinity College London Grade 2 Vocal (Rock & Pop)!

Passing this exam is a wonderful milestone that reflects her dedication, confidence, and growing musical talent. We're so proud of her hard work and can't wait to see where her singing journey takes her next.



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- We are incredibly proud of all the children who took part in the Music Festival (Glee) with LAMDA's Miss Lauren at Epsom Playhouse on Tuesday and Wednesday. Their energy, enthusiasm, and teamwork truly shone on stage, making it a memorable experience for everyone involved.

The performances were fantastic, with the children delivering a spirited rendition of Revolting Children from Matilda, alongside a vibrant and uplifting performance of Golden by K Pop Demons.

Their hard work and dedication were evident in every moment, and they represented the school brilliantly.

Well done to all our performers—you should be very proud of yourselves!



Well  
Done



MARCH 27<sup>TH</sup> 2026



## Stars of the week

Year RC

Star of the week: **Fionn**

Year RF

Star of the week: **Emilia**

Year 1 HM

Star of the week: **Shaza**

Year 1 CR

Star of the week: **Robbie**

Year 2 GR

Star of the week: **Phoenix**

Year 2D

Star of the week: **Tshetha**

Year 3F

Star of the week: **Sara**

Year 3A

Star of the week: **Isla**

Y4 K

Star of the week: **Poppy**

Year 4J

Star of the week: **Toby**

Year 5BS

Star of the week: **Archie**

Year 5S

Star of the week: **Zak & Jenna**

Year 6N

Star of the week: **Shino**

Year 6C

Star of the week: **Olly**





# ASK THE HSLW

Ask the HSLW, a space where we'll answer common parenting questions and share practical, evidence-based tips to support families with everyday challenges.



**"How can I create a home environment that really supports my child's emotional wellbeing?"**

You might not always feel like you're getting it "right" as a parent, none of us do. But it's often the small, everyday moments that matter most. I recently came across this anonymous piece online that captures that idea beautifully:

*"Someday your child will describe their childhood to someone you've never met. They'll sit at a table you didn't set, in a home you didn't build across from people who only know them as adults.*

*They'll tell them a story about what it was like to grow up in your house, not every detail, just the parts that stayed with them, the feeling of walking through the door, the tone at the table, whether home felt warm or unwelcoming, joyful or tense, safe or performative.*

*We don't get to choose the story they tell, we don't get to edit it later but we're writing it now in the ordinary dinners and random Tuesday nights and moment like the one you're sitting in right this second. Long after the legos are gone and the schedules change and the house gets quieter, the story of home keep speaking. I can't choose the story they'll tell someday but I can keep setting the table like it matters, because it does."*

## Emotion Coaching

This links closely to a key psychological idea that emotional experiences are strongly encoded in memory. Over time, repeated emotional experiences shape a child's **internal working model** (from attachment theory), their sense of "Am I safe? Do people understand me? Am I valued?"

One of the most effective ways to build those feelings of safety and connection is through the 5 steps of **Emotion Coaching**, supporting children to understand and manage their feelings.

### 1: Be aware of emotions

- Pay attention to your own emotions, from happiness to sadness to anger.
- Understand that emotions are a natural and valuable part of life.
- Observe, listen, and learn how your child expresses different emotions.
- Watch for changes in facial expressions, body language, posture, and tone of voice.

### 2: Connect with your child

- Pay close attention to a child's emotions. Use emotional moments as a chance to connect.
- Try not to dismiss or avoid them.
- See emotional moments as opportunities for teaching.
- Recognise feelings and encourage your child to talk about his or her emotions.
- Provide guidance before emotions escalate into misbehaviour.

### 3: Listen to your child's feelings

- Take your child's emotions seriously.
- Show your child that you understand what he or she is feeling.
- Avoid judging or criticising your child's emotions.

### 4: Name emotions

Help your child identify and name emotions.

- Identify the emotions your child is experiencing instead of telling your child how he or she should feel.
- Naming emotions helps soothe a child.
- Set a good example by naming your own emotions and talking about them.
- Help your child build a vocabulary for different feelings.

### 5: Find Good Solutions

- Redirect misbehaving children for what they do, not what they feel.
- When children misbehave, help them to identify their feelings and explain why their behaviour was inappropriate.
- Encourage emotional expression, but set clear limits on behaviour.
- Help children think through possible solutions.
- Don't expect too much too soon.
- Be aware of tempting settings and be prepared to help your child through them.
- Create situations where your child can explore without hearing lots of "don't's."
- Catch your child doing lots of things right and praise her.
- Do chores, like picking up toys, together.
- Make tasks as fun as possible

27 MARCH 2026

FRIENDS@SOUTHFIELD-PARK.SURREY.SCH.UK



# News From The Friends

## PRE-LOVED CLOTHING AND OTHER ITEMS COLLECTION AFTER SPRING BREAK



### SCHOOL FUNDRAISING

More clothes -  
more funds for  
your organisation.  
1 kg = £0.45

LEAVE YOUR BAGS BY THE OFFICE  
BEFORE 8:50AM  
ON

15 APRIL  
WEDNESDAY

FILL ANY BAGS

PLEASE NO UNIFORMS OR DUVETS

✓ WE ACCEPT

- Good quality clean clothing (adult's, children's, baby)
- Shoes (paired)
- Bags
- Hats & scarves
- Belts
- Fashion accessories
- Swimwear, lingerie
- Jewellery
- Perfumes

✗ WE DONT ACCEPT

- Uniforms
- Dirty, wet, ripped, damaged clothing
- Traditional clothing
- Duvets & pillows
- Single shoes
- Toys, stationery
- Bric-a-brac & electrical items
- Books, CDs, DVDs
- Workwear
- Carpets, rugs, mats, curtains
- Hygiene items, diapers
- Linen & towels

### UPCOMING FRIENDS EVENTS:

15<sup>th</sup> April - 2<sup>nd</sup> Hand Clothing Collection

08<sup>th</sup> May - Family Bingo

15<sup>th</sup> May - Doughnut Sale

4<sup>th</sup> July - Summer Fair



## Summer Term 2026 - Key Dates

| Date                 | Time  | Event                                    |
|----------------------|---|--|
| Mon 13.04            | 8:35am  | Children return to school                |
| Tue 14.0.4           |   | Duck egg experience arrives in Reception |
| Thu 16.04            | Am  | Grow, Cook, Enjoy planting with KS2      |
| Fri 17.04            | Year Group Newsletters out to parents         |  |
| Tue 21.04            | Pm  | Year 3 and 4 Girls' Football Tournament  |
| Fri 24.04            | Reception ducklings picked up                 |  |
| Thu 30.04            | 9:15am  | Year 1 Year Group Assembly               |
| <b>Mon 04.05</b>     | <b>BANK HOLIDAY – SCHOOL CLOSED</b>           |  |
| Thu 07.05            | 9:15am  | Year 4 Year Group Assembly               |
| Fri 08.05            | 9:00 - 10:30am                                | Reception Sports Day                     |
| Fri 08.05            | 6:00pm  | Family Bingo Night with the Friends      |
| w/c Mon 11.05        |   | SATs in Year 6 including Breakfast Club  |
| Fri 15.05            | 9:00 – 11:00am                                | Infant Sports Day (Year 1 and 2)         |
| Fri 15.05            | 3:00 – 3:30pm                                 | Krispy Kreme Donut Sale with the Friends |
| Mon 18.05            | Class Photographs                             |  |
| Thu 21.05            | 3:30pm  | Year 5 PGL meeting for families          |
| Fri 22.05            | pm  | Junior Sports Day at the Harrier Centre  |
| <b>w/c Mon 25.05</b> | <b>HALF TERM – SCHOOL CLOSED</b>              |  |
| Wed 03.06            | 9:00 – 9:30am                                 | Open Classrooms                          |
| Wed 03.06            | 6:00pm  | SHINE Show                               |
| Thu 04.06            | Year 6 Geography Field Trip to the River Mole |  |
| Fri 05.06            | Reserve Junior Sports Day                     |  |
| w/c Mon 08.06        | Year 6 Bikeability Level 2                    |  |
| Mon 08.06            | 3:00pm  | District Sports Field Events             |
| Thu 11.06            | 9:00am  | District Sports Track Events             |
| Fri 12.06            | Reception Trip to Bocketts Farm               |  |
| Fri 12.06            | 9:15am  | Year 3 Year Group Assembly               |
| w/c Mon 15.06        | Year 5 Residential to PGL Liddington          |  |

| Date                    | Time   |   | Event   |  |
|-------------------------|--|---|---|--|
| Wed 17.06               | Time tbc (early eve)                                   | Choir event at The Horton                 |   |  |
| Thu 18.06               | 6-7pm  | New Reception Parents information session |   |  |
| w/c Mon 22.06           | Creative Arts Week                                     |   |   |  |
| Mon 22.06               | Summer Fair hamper donations (MUFTI)                   |   |   |  |
| Mon 22.06               | Dance Festival rehearsals at Epsom Playhouse (daytime) |   |   |  |
| Tue 23.06 + Wed 24.06   | Evening  |   | Dance Festival at Epsom Playhouse                         |  |
| Wed 24.06               | Grow, Cook, Enjoy cooking with Year 3                  |   |   |  |
| Thu 25.06               | Year 3 Sleepover                                       |   |   |  |
| <b>Fri 26.06</b>        | <b>1:15pm</b>  |   | <b>Year 3 finish early</b>                                |  |
| Tue 30.06 and Wed 01.07 | Year 6 Transition Days at Secondary Schools            |   |   |  |
| Tue 30.06 and Wed 01.07 | 15:00-18:30<br>16:00-18:00                             |   | Y1-6 Parent Consultations (no                             |  |
| Wed 01.07               | Grow, Cook, Enjoy cooking with Year 4                  |   |   |  |
| Thu 02.07               | Summer Fair bottle donations (MUFTI)                   |   |   |  |
| Fri 03.07               | Year 6 trip to London                                  |   |   |  |
| Sat 04.07               | 12:00 – 2:00pm   | Summer Fair                               |   |  |
| Mon 06.07               | Grow, Cook, Enjoy cooking with Year 6                  |   |   |  |
| Tue 07.07 and Wed 08.07 | 6:00pm   |   | Year 6 Production   |  |
| Wed 08.07               | Grow, Cook, Enjoy cooking with Year 5                  |   |   |  |
| Thu 09.07               | 9:15am   |   | Year 2 Summer Sing-a-long                                 |  |
| Fri 10.07               | Year 6 to Chessington World of Adventures              |   |   |  |
| Mon 13.07               | 3:30pm   |   | Sayers Croft information meeting (current year 3 parents) |  |
| Wed 15.07               | 5:30pm   |   | Year 6 Leavers' Party                                     |  |
| Fri 16.07               | 9:00am   |   | Year 6 Leavers' Assembly                                  |  |
| <b>Fri 16.07</b>        | <b>1:30pm</b>  |   | <b>Break up for Summer Holidays</b>                       |  |



YMCA EAST SURREY

# Supporting your child with the transition from Primary to Secondary school

Join YMCA East Surrey's Family Wellbeing Service for an informative and supportive online workshop about how to support and prepare your child, and yourself, for the transition from Primary to Secondary school.

Three workshop days and times to choose from:

- u Tues 17 March | 12:00 - 13:00
- u Wed 18 March | 18:00 - 19:00
- u Wed 22 April | 18:00 - 19:00

1:1 tailored follow-up sessions are available after the workshop, please indicate on the sign-up form if you are interested.

To register interest, please scan the QR code or click

[Family Wellbeing Service - transition workshop contact form](#)

For further information or to book a place, email

[communitywellbeingteam@ymcaeast Surrey.org.uk](mailto:communitywellbeingteam@ymcaeast Surrey.org.uk)



**YMCA**

Here for young people  
Here for communities  
Here for you

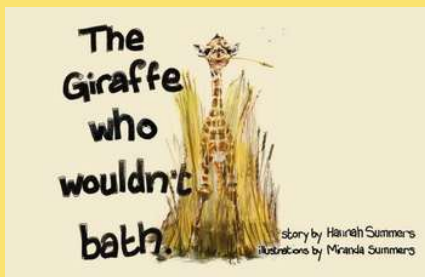


# Easter Holiday Family Events

Theatre | Storytelling | Workshops



Make this Easter break unforgettable with a magical lineup of family events, perfect for little or grown-ups alike. From interactive storytelling to enchanting music and puppet theatre, there's something for every imagination to explore



Short Stories Tall Tales: The Giraffe Who Wouldn't Bath  
Tuesday 31st March, 11:30am and 1:30pm  
Adventure with Gerald on his hilarious sticky-icky journey while he discovers what happens when you don't have a bath. Inventive, interactive and above all, creative play for your little ones to enjoy.



Ages 0-5 Family Concert - Ferdinand The Little Bull Friday, 3rd April, 11:30am

Bilingual (English / Spanish) narrated concert, suitable for the whole family. The music of the English composer, Alan Ridout, performed on solo violin, tenderly illustrates this simple story that contains messages of peace, individuality and friendship. Ages 4+



Gaby Gulliver's Travels  
Friday 10th April, 11:30am and 2:30pm  
A magical shadow theatre show for children and grown-ups alike.

This imaginative retelling of a classic story of a journey through strange new worlds, where Gaby discovers what it truly means to be big...and small. Ages 5+



Shadow Puppetry Workshop with Indigo Moon Theatre  
Friday 10th April, 1pm – 2pm  
In this creative workshop children and their carers will use light and their imaginations to design their own shadow puppets and explore how to bring them to life. Ages 5+



[thehortonepsom.org](http://thehortonepsom.org)

01372 747 662    @thehortonepsom

The Horton Arts Centre, Haven Way, Epsom, KT19 8NP



# ADVICE CAFE

WelcomePack

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FRIDAYS  
10AM-12PM

Freedrop-in hub with cake and refreshments for advice on debt, benefits, and other important issues.

St Barnabas | KT19 8HA | 020 8224 9838

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Our regular advisors can help with:

Mental Health

Physical Health

Debt Help

Employment

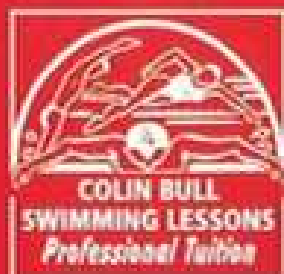
Housing

Benefits

Other areas of support are also available, please get in touch to find out if we can help support you.

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St  
**BARNABAS**










# SWIMMING LESSONS

## QUALITY LESSONS FOR ALL AGES



**Downsend School  
(Leatherhead)  
and  
Epsom College**

-  Qualified, experienced instructors
-  Evenings and weekends
-  Helpers in the water
-  Small groups with excellent results
-  Adult classes, all abilities
-  Aged 4 & above without parent
-  Aged 2½ and above with parent

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[colin@cbswimming.co.uk](mailto:colin@cbswimming.co.uk)

[www.colin-bull-swimming-lessons.co.uk](http://www.colin-bull-swimming-lessons.co.uk)

 @ colinbullswimminglessons

 cbswimming





## Club4 Parent Guide - Easter 26

Hey Parent/Carers! Looking for exciting ways to keep your kids active, creative, and full of smiles this Easter? Club4 is back—and we've got an incredible line-up of fully-funded holiday activities for eligible families across Surrey! The Holiday Activity and Food Programme, delivered by Active Surrey on behalf of Surrey County Council, is a fantastic Department for Education initiative offering places for children and young people from Reception to Year 11 who receive benefit-related free school meals. Funding covers up to 4 activity days per child. From high-energy sports and games to hands-on cooking, colourful arts & crafts, exciting outdoor adventures, and so much more — Club4 camps bring the fun every Easter, Summer, and Winter! Kids can explore new passions, build confidence, make amazing new friends, and create memories that stick long after the holidays.

There's something for every family... **SEND-specific** camps and family stay and play experiences, designed to be inclusive, supportive, and joy-filled **Teen days** out packed with adventure, teamwork,

and new experiences

**Family events** where everyone can get involved and make the holidays extra special

Bookings for Easter open at 7:30am on **Tuesday 24 February** - but why wait?

Register your interest now and get ahead of the [Scan the QR code or click here to book](#)

queue!  
today! [Eequ](#)



*We're so happy to see so many children and young people excited about our Club4 sessions!*

*But here's the challenge: some parents are booking spaces, and children aren't showing up.*

*Because these sessions are fully funded, every missed place means:*

- *A funded activity spot goes unused*
- *Another child misses the chance to join in, have fun, and enjoy a healthy meal*

*To make sure as many families as possible can benefit, providers may not be able to accept future bookings from families who regularly miss sessions without letting them know.*

*Only book sessions your child is able to attend*

*If plans change, cancel your booking on Eequ as early so possible so another child can enjoy the opportunity*

*Together, we can make this holiday active, creative, and memorable for every child!*



## Parent Highlights

*"A wonderful resource for families to ensure that all children have the opportunity to be active, social and have a chance for respite from additional needs siblings at home." **Parent***

*"These are amazing and I'm so so grateful as a single parent of three very young children to be given the opportunity to have my daughter go to these not just for her but for myself and her younger brothers. The staff are amazing and really have the children at heart." **Parent***



*"We had a fantastic time at the Stay and Play. The facilities are amazing and the staff so helpful and attentive, it's a perfect place for my daughter and her brother who has special needs to bond and try a new activity together. We will definitely be coming along again." **Parent***

*"Amazing, great staff, inclusive and great opportunities for kids activities." **Parent***

## An Overview of Dyslexia and how to Support Learners at home



Do you want to be able to support your child at home with dyslexia?

- ◆ Definition of dyslexia
- ◆ Characteristic areas of difficulty
- ◆ Potential impact on literacy (and numeracy) development
- ◆ Benefits of a multisensory approach to learning
- ◆ Supporting reading
- ◆ Supporting reading comprehension
- ◆ Supporting writing
- ◆ Supporting spelling
- ◆ Keeping self-esteem high.

There will be the opportunity to ask questions and to meet other parents in a similar situation.

At the end of the workshop, you will:

- ◆ Understand dyslexia better
- ◆ Understand what dyslexia means for your child and how it affects more than reading and spelling
- ◆ Have practical ideas about how to help your child with memory and organisation
- ◆ Have practical strategies for helping your child with
- ◆ reading, writing and spelling
- ◆ Have learnt ways to boost your child's confidence and
- ◆ self-esteem.

Find out more about other courses we offer please go to our [website www.helenarkell.org.uk](http://www.helenarkell.org.uk)



# A helping hand for a *healthier* *family*

Do you need help to achieve a healthy weight for your child or teenager?

*Be Your Best is a funded healthy lifestyle programme for Surrey families with children & teenagers aged 5-17 years, who are above the healthy weight range.*

*We can help you make a positive difference to your child or teenager's health & wellbeing.*

*The programme is made up of one-to-one and group sessions:*

## **Sessions include**

Live cooking workshop  
Meal planning for the whole family  
Easy food swaps  
Managing screen time  
How to become an active family  
Importance of sleep

## **One-to-one sessions**

With a health & wellbeing advisor at a mutually agreed time & location

## **Online group sessions for parents/carers**

Week days after school via Zoom

## **Online physical activity sessions**

Group sessions via zoom or on-demand video content

*"Me and my boys are really enjoying this programme and we are so grateful to be taking part." - Mum*

Find out  
more :



## FREQUENTLY ASKED QUESTIONS

What age range do you offer advice for?

We provide free, confidential advice to all parents and carers of young people aged 0-25.

What kind of issues do you support with?

Our advisers are equipped to support you with anything that your child is going through. Including school avoidance, behavioural challenges, worry, ADHD, low mood and much more.

Is there a long wait time on the calls?

We aim to answer our calls as quickly as possible. But if there is a queue you can select the option for a call back within two working days or chat with us online.



# IS YOUR CHILD GOING THROUGH A TOUGH TIME?

CALL OUR PARENTS HELPLINE ON

**0808 802 5544**

or visit [www.youngminds.org.uk/parents-helpline](http://www.youngminds.org.uk/parents-helpline)

Freelanguage translation and interpretation services are available.

## YOUNGMINDS