

MARCH 20TH 2026

SOUTHFIELD PARK



NEWSLETTER



Dear families

The school hall is ready for the Easter discos this evening and I'm sure there will be lots of fun - and some great dance moves - on show. Huge thanks to the Friends for organising the event, to the staff who are attending, and to DJ Claire Cobban for stepping in to run the decks.

Thank you to our Reception families for joining us this week for parent and carer consultations. Years 1 - 6 families will receive annual reports via email next Wednesday. Reception families will receive their child's report at the end of the school year.

Please do join us on Monday for Open Classrooms. Arrangements can be found later in the newsletter. We are also hosting a parent workshop on Tuesday from **9-10:15am** on understanding Pathological Demand Avoidance (PDA) which will be run by the Woodlands Autism Outreach Team.

Next week is full of performances, with Glee Club rehearsing at the Epsom Playhouse on Monday and then performing on Tuesday and Wednesday evening, and our choir performing in the Music Festival at Dorking Halls on Tuesday. Good luck everyone!

Please remember that next Friday we break up at **1:30pm** for the Easter holidays and we return on Monday 13th April.

Have a lovely weekend,

Sally Smith

Dates for your diary...

Mon 23rd March

- Dress Rehearsal for Music Festival (Glee) at Epsom Playhouse - All Day
- Open Classrooms 2.45-3.45pm

Tues 24th March

- Choir attending Dorking Halls Music Festival - Eve

Tues 24th & Wed 25th March

- Music Festival (Glee) at Epsom Playhouse - Eve

Wed 25th March

- Reports out to parents (years 1 - 6)

Fri 27th March

- Break up at 1.30pm





- **Open Classroom Arrangements**

On **Monday 23rd March**, we would love you to join us for Open Classrooms between **2:45 and 3:45pm**. Classes on the left side of the school should enter through the usual external classroom doors where you normally pick up. To visit classes on the right side of the school (3A, 4J, 6N and 6C), please come through the main school entrance. You are welcome to visit all of your children's classes during the session but please ensure that you sign your children out as you leave the classrooms. If you are unable to attend Open Classrooms this term, children can be collected from their usual pick-up points.

- **Staff Updates**

Mr Alex Jenkerson will be leaving us this term and we will be saying goodbye to him on Friday 27th March. I am sure that you would like to join me in expressing gratitude to Mr Jenkerson for his hard work with the class this year and to wish him good luck going forward. Mrs Hollie Williams and Miss Laura Robins will be teaching the class for the Summer Term.

We are very pleased to have welcomed Mr Alan Lumsden, our new caretaker, to school this week and Mrs Archana Gaekward, who is supporting us in an interim SENDCo role.

- **Video Computing Day - Reminder**

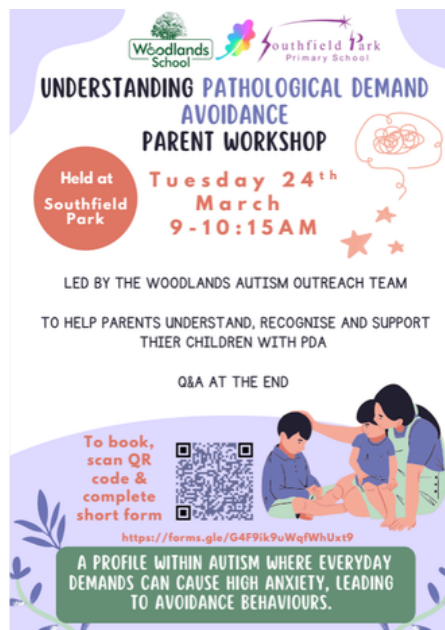
Video Computing Day is coming up soon on Wednesday 25th March. To ensure your child can take part in the filming and related activities, please complete the consent form attached to the email sent on Tuesday and also below.

[Consent Form Link for Parents and Carers](#)

If you have not yet returned the form, we kindly ask that you do so as soon as possible. Thank you for helping us make sure all students can participate fully in this exciting learning experience.

● **Parent Workshop**

On Tuesday from **9-10:15am** we will be hosting a parent workshop 'Understanding Pathological Demand Avoidance' (PDA) which will be run by the Woodlands Autism Outreach Team which you are most welcome to join us for. PDA is a profile within autism where everyday demands can cause high anxiety, leading to avoidance behaviours.



● **The Little Recyclers**

Ready for a Spring sort-out? The Friends have organised a collection from The Little Recyclers on Wednesday 15th April. You are most welcome to bring bags of unwanted clothing to school on Tuesday 14th at any time or Wednesday 15th first thing only. Please check the list in the poster for items that they will accept. This is a fundraising opportunity for the school so please take the opportunity to send any unwanted items our way.



- **Collaborative Work within the Lumen Learning Trust**

This has been a busy week for collaborative working across the Lumen Learning Trust, with class teachers meeting with their year group colleagues from other schools to moderate writing on Wednesday. Our Leaders have also been working with Trust colleagues, with Mrs Karen del Medico, our English Lead facilitating a moderation session at Walton Oak Primary on Thursday; Mrs Fran Foley working with Home School Link Workers and teachers from other schools on Monday, and I met with the Executive Team and the other Headteachers on Wednesday. We are really feeling the benefits of working within the Trust and hope that you are feeling the difference too.



- **Pen Licence Changes**

We have reviewed and will be changing our practice regarding KS2 pen licences. At present, the junior children have to 'earn' their pen licence in order to be able to write in pen in their lessons.

We have decided that this practice is not inclusive enough, because many of our children, despite all of their best efforts, may never achieve their licence. It is also true to say that children's handwriting often improves when they are writing in pen.

Therefore, from September, we will not be issuing pen licences and instead, all children from Year 4 upwards will be invited to write in pen and will be given a suitable school handwriting pen. There may be some children who prefer or are more suited to pencil, which can of course be accommodated, alongside those adaptations for children who find it more suitable to type their written work.

Many of our junior children are currently striving for pen licences, and therefore pen licences will continue to be issued this academic year before they are phased out.

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 **Comic Relief 2026**

HA HA

There have been more than a few giggles in school today as we have joined in with Red Nose Day. SHINE Assembly was the culmination of the best joke contest where children from each class chose their comic champion to share their class's funniest joke. The winner was **Armin**

*Why can't Elsa have a balloon?
Because she'll let it go! (Let it go, let it go!)*

If you would like to donate to the Comic Relief charity, you can do so by following this link to our JustGiving Page:

https://www.justgiving.com/fundraising/rnd26-southfield-park-primary-school?utm_medium=FR&utm_source=CL&utm_campaign=020



- **Scholastic Book Fair - Coming next week!**

Our school is hosting a Scholastic Book Fair in the Atrium (school office area) from Monday 23rd March to Friday 27th March, 3:10–3:45pm, and you won't want to miss it!

Your child will be able to explore a wide selection of exciting books, from captivating new releases to beloved classics. During the school day, children will visit the book fair with their class to browse the books on offer. They are then welcome to return after school to purchase a book of their choice, if they wish.

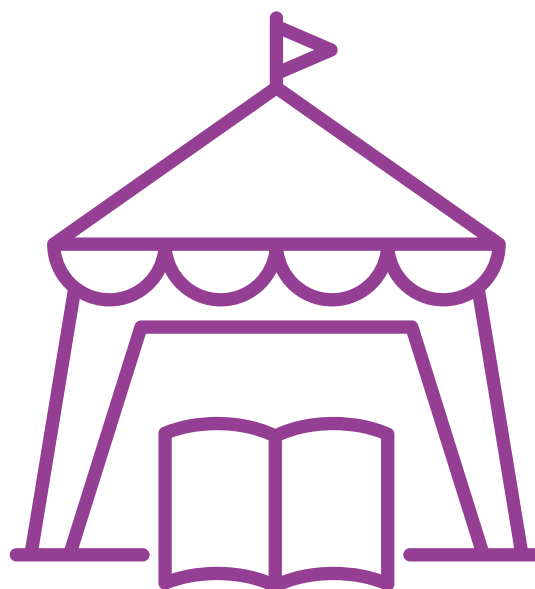
There are over 200 titles to choose from, with prices starting from just £2.99 – there's sure to be a book for everyone! Every book purchased helps us raise money to buy new books for our school.

Parents and children should enter and exit the book fair through the main office door from 3:10pm. Please note that there will be no access to classrooms or corridors during the book fair. This is to ensure we can safeguard children attending after-school clubs.

We can accept card payments, and you will be able to scan a QR code on your phone to easily access the payment platform. Please bring both mobile phones and credit/debit cards to the fair as the card details need to be entered. Please note, this year, we will be unable to accept cash payments.

You can view the books that will be available by checking online here:

<https://bookfairs.scholastic.co.uk/bookcases/wtr>



What Has Year 4 Been Learning In Art?

Year 4 have been enthusiastically developing their Modroc skills over the past few weeks, showing creativity and resilience throughout the process.



They began by constructing a simple framework using pipe cleaners, carefully shaping them into stick figures. Then, working in small groups, they applied layers of Modroc to wrap and strengthen each of their figures. This has taught them how to build structure and stability in a structure.



It has been wonderful to see how confidently the children have approached this new medium, supporting one another and taking pride in their work.



Next week, the pupils will take their skills even further as they design and create their own imaginative fantasy creatures linked to our previous English learning on Elves and Sprites and the unicorns from Skandar



They will be encouraged to draw upon and apply the techniques they developed earlier in the year during their clay unit, combining prior knowledge with their new Modroc experience to produce unique and creative sculptures.

We are very much looking forward to seeing their fantastic creations come to life!

● **PSTT Science Day - Friday 13th March 2026**

Last Friday, Southfield Park became full of curious scientists as we took part in the Primary Science Teaching Trust's live lessons to celebrate British Science Week. British Science week is an annual celebration of science, technology, engineering and maths designed to inspire curiosity, learning and engagement in STEM for all ages. This year's theme was "Curiosity! What's your question?" and the Primary Science Teaching Trust designed live lessons to match the theme and the national curriculum objectives for each Key Stage. Each class joined a live lesson led by a specialist teacher from the PSTT and then were given a question to explore and answer. The children worked really well in groups to find the answer to their question and enjoyed finding out about what children from other schools discovered in a live feedback session in the afternoon.

EYFS - Look a rainbow! Can we find out what colours make up our ink?

The children explored colour linked to the book *The Rainbow Fish* and then be tested out felt-tip pens, seeing what happened when they added water - simple chromatography.

Year 1 & 2 - Help, I'm sinking! Can we make something to help the carrot float?

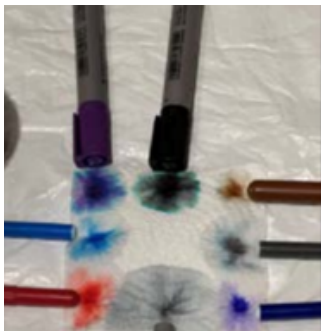
The children explored floating and sinking. They tested different materials and then worked as a team to create a floating aid for a carrot.

Year 3 & 4 - Building backbones. Can we find out what makes the strongest backbone?

The children looked at the structure of backbones and explored how different sizes and shapes of a structure affect its strength.

Year 5 & 6 - Reaching new heights! Can we make something travel upwards as high as possible?

The children explored air resistance by making different sized pieces of card fly.



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● **School Meal Patterns Spring/Summer 2026**

You should all have received the email regarding the spring/summer lunch menu and updating your child's meal preferences. Please see the menu below. Please ensure you complete the Google Form with any changes by 9:00am on Thursday 26th March.



Table 15 Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
Option 1 Chicken and Tomato Pasta with Protein Tots	Option 1 Beef Bulgoghgi with Potato	Option 1 Roast Chicken with Roast Potatoes and Gravy	Option 1 Spanish Chicken with Rice	Option 1 Fish Fingers with Onion Chips
Option 2 Chicken Caesar Salad	Option 2 Veggie Sandwich with Potato Tots	Option 2 Lentil Stewage with Roast Potatoes and Gravy	Option 2 Chicken Curry with Rice and Cauli Bread	Option 2 Veggie Dippers with Onion Chips
Option 3 School's Choice	Option 3 School's Choice	Option 3 School's Choice	Option 3 School's Choice	Option 3 School's Choice

Table 15 Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
Option 1 Creamy Pasta with Protein Tots	Option 1 Sausage and Beef Burger with Protein Tots	Option 1 Roast Pork with Roast Potatoes and Gravy	Option 1 Chicken Korma with Rice	Option 1 Harry Ramsbottom's Fish with Onion Chips
Option 2 Pasta Chicken Dip with Protein Tots	Option 2 Veggie Burger with Protein Tots	Option 2 Chicken Curry with Rice and Cauli Bread	Option 2 Chicken Cacciatore with Pasta and Gravy	Option 2 Veggie Fries with Onion Chips
Option 3 School's Choice	Option 3 School's Choice	Option 3 School's Choice	Option 3 School's Choice	Option 3 School's Choice

Table 15 Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
Option 1 Veggie Pasta with Protein Tots	Option 1 Pork Sausage with Roast Potatoes and Gravy	Option 1 Roast Chicken with Roast Potatoes and Gravy	Option 1 Sweet and Sour Chicken with Rice	Option 1 Fish Fingers with Onion Chips
Option 2 Veggie Burger with Protein Tots	Option 2 Veggie Sandwich with Protein Tots	Option 2 Pasta Chicken Dip with Protein Tots	Option 2 Chicken Curry with Rice and Cauli Bread	Option 2 Veggie Dippers with Onion Chips
Option 3 School's Choice	Option 3 School's Choice	Option 3 School's Choice	Option 3 School's Choice	Option 3 School's Choice

Table 15 Allergy Aware

Monday	Tuesday	Wednesday	Thursday	Friday
Option 1 Chicken and Tomato Pasta with Protein Tots	Option 1 Beef Bulgoghgi with Potato	Option 1 Roast Chicken with Roast Potatoes and Gravy	Option 1 Spanish Chicken with Rice	Option 1 Fish Fingers with Onion Chips
Option 2 Chicken Caesar Salad	Option 2 Veggie Sandwich with Protein Tots	Option 2 Lentil Stewage with Roast Potatoes and Gravy	Option 2 Chicken Curry with Rice and Cauli Bread	Option 2 Veggie Dippers with Onion Chips
Option 3 School's Choice	Option 3 School's Choice	Option 3 School's Choice	Option 3 School's Choice	Option 3 School's Choice

Table 15 Menu made without ingredients containing Gluten

Monday	Tuesday	Wednesday	Thursday	Friday
Option 1 Chicken and Tomato Pasta with Protein Tots	Option 1 Beef Bulgoghgi with Potato	Option 1 Roast Chicken with Roast Potatoes and Gravy	Option 1 Spanish Chicken with Rice	Option 1 Fish Fingers with Onion Chips
Option 2 Chicken Caesar Salad	Option 2 Veggie Sandwich with Protein Tots	Option 2 Lentil Stewage with Roast Potatoes and Gravy	Option 2 Chicken Curry with Rice and Cauli Bread	Option 2 Veggie Dippers with Onion Chips
Option 3 School's Choice	Option 3 School's Choice	Option 3 School's Choice	Option 3 School's Choice	Option 3 School's Choice

Table 15 Dairy free

Monday	Tuesday	Wednesday	Thursday	Friday
Option 1 Chicken and Tomato Pasta with Protein Tots	Option 1 Beef Bulgoghgi with Potato	Option 1 Roast Chicken with Roast Potatoes and Gravy	Option 1 Spanish Chicken with Rice	Option 1 Fish Fingers with Onion Chips
Option 2 Chicken Caesar Salad	Option 2 Veggie Sandwich with Protein Tots	Option 2 Lentil Stewage with Roast Potatoes and Gravy	Option 2 Chicken Curry with Rice and Cauli Bread	Option 2 Veggie Dippers with Onion Chips
Option 3 School's Choice	Option 3 School's Choice	Option 3 School's Choice	Option 3 School's Choice	Option 3 School's Choice

Table 15 Vegan

Monday	Tuesday	Wednesday	Thursday	Friday
Option 1 Veggie Pasta with Protein Tots	Option 1 Pork Sausage with Roast Potatoes and Gravy	Option 1 Roast Chicken with Roast Potatoes and Gravy	Option 1 Sweet and Sour Chicken with Rice	Option 1 Fish Fingers with Onion Chips
Option 2 Veggie Burger with Protein Tots	Option 2 Veggie Sandwich with Protein Tots	Option 2 Pasta Chicken Dip with Protein Tots	Option 2 Chicken Curry with Rice and Cauli Bread	Option 2 Veggie Dippers with Onion Chips
Option 3 School's Choice	Option 3 School's Choice	Option 3 School's Choice	Option 3 School's Choice	Option 3 School's Choice

Table 15 Egg free

Monday	Tuesday	Wednesday	Thursday	Friday
Option 1 Chicken and Tomato Pasta with Protein Tots	Option 1 Beef Bulgoghgi with Potato	Option 1 Roast Chicken with Roast Potatoes and Gravy	Option 1 Spanish Chicken with Rice	Option 1 Fish Fingers with Onion Chips
Option 2 Chicken Caesar Salad	Option 2 Veggie Sandwich with Protein Tots	Option 2 Lentil Stewage with Roast Potatoes and Gravy	Option 2 Chicken Curry with Rice and Cauli Bread	Option 2 Veggie Dippers with Onion Chips
Option 3 School's Choice	Option 3 School's Choice	Option 3 School's Choice	Option 3 School's Choice	Option 3 School's Choice

Table 15 Soya free

Monday	Tuesday	Wednesday	Thursday	Friday
Option 1 Chicken and Tomato Pasta with Protein Tots	Option 1 Beef Bulgoghgi with Potato	Option 1 Roast Chicken with Roast Potatoes and Gravy	Option 1 Spanish Chicken with Rice	Option 1 Fish Fingers with Onion Chips
Option 2 Chicken Caesar Salad	Option 2 Veggie Sandwich with Protein Tots	Option 2 Lentil Stewage with Roast Potatoes and Gravy	Option 2 Chicken Curry with Rice and Cauli Bread	Option 2 Veggie Dippers with Onion Chips
Option 3 School's Choice	Option 3 School's Choice	Option 3 School's Choice	Option 3 School's Choice	Option 3 School's Choice

● **Tissue Donations Needed**

The sniffles have struck again and our tissue stash is nearly gone! If you can spare a box (or a few), please send them in with your child or drop them at the school office.



Thanks so much for your support!



Well done to Jude, who has recently started taekwondo and has really taken to it! He is committed, passionate, and has just been awarded Star of the Term. We are immensely proud of you—keep shining, superstar!



Isla and Scarlett looked fabulous this Tuesday as they celebrated **St. Patrick's Day** in style. Full of festive cheer and dressed to impress, they brought plenty of smiles and a touch of Irish luck to the day!



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Stars of the week

Year RC

Star of the week: **Charlie**

Year RF

Star of the week: **Daniil**

Year 1 HM

Star of the week: **Alaya**

Year 1 CR

Star of the week: **Camilla**

Year 2 GR

Star of the week: **Erin**

Year 2D

Star of the week: **Zack**

Year 3F

Star of the week: **Chloe**

Year 3A

Star of the week: **Hailey**

Y4 K

Star of the week: **Sam & Ellis**

Year 4J

Star of the week: **Arsh**

Year 5BS

Star of the week: **Luca**

Year 5S

Star of the week: **Amelia**

Year 6N

Star of the week: **Eason & Erin**

Year 6C

Star of the week: **Owen & Matilda**





ASK THE HSLW

families with everyday challenges.



My child is a Young Carer. What can I do?

A young carer is a person under the age of 18 who helps to look after someone at home. This may be a parent, grandparent or a sibling, including a brother or sister with SEND. Children who care for siblings can sometimes be overlooked, but their role is just as important.

Register

Registering a child as a young carer with the GP is optional, but may help professionals better understand and support your child's needs. They can help with all sorts of things like offering you appointments to suit your timetable and free flu jabs.

Action for Carers

They offer practical advice, emotional support and activities/clubs specifically for young carers under 18.
<https://www.actionforcarers.org.uk>

SIBs

A UK charity supporting siblings of disabled children. They provide information, advice and resources to help siblings understand their experiences, manage feelings and feel less alone.
<https://www.sibs.org.uk/>

Carer's Assessment

Families may also wish to request a Carer's Assessment. This is a way to tell the council about the care a child provides, to help ensure the right support is in place for both the child and their family. For further information, contact Children's Services via C-SPA.

BE READY FOR...

YOUNG CARERS GROUP

During School
24th March
19th May
14th July

- Supportive group sessions with other Young Carers
- Opportunities to talk in a safe place
- Wellbeing activities, games and creative tasks
- Support with managing worries and feelings

Sign up via Young Carer Champions: Miss Radcliffe & Miss Ahmed

At Southfield Park

In line with the Lumen Learning Trust Young Carers Policy, our school is committed to identifying and supporting young carers so they feel safe, listened to and supported.

Children already known to the school as young carers will be automatically invited to the Young Carers Group.

If you feel your child may be a young carer and is not yet known to us, please contact the school office.



ASK THE HSLW

Ask the HSLW, a space where we'll answer common parenting questions and share practical, evidence-based tips to support families with everyday challenges.



My child worries a lot. What can I try?

Worrying is a normal part of growing up. Children may worry about friendships, school work, family members, or things they see online or hear in the news. While some worries can be helpful (they help us prepare or stay safe), too many worries can feel overwhelming for children.

One effective tool families can use is called the **Worry Tree**. It helps children sort their worries and decide what to do next.

Step 1: Is it a real-life worry or a hypothetical worry?

Start by asking your child: "Is this something that is happening right now, or something that might happen in the future?"

Real-life worries

These are problems happening now that we can do something about.

Examples:

- "I've got a test tomorrow and I'm not sure I understand the work."
- "I had an argument with my friend."

Hypothetical worries

These are "what if" worries about things that might happen but probably won't.

Examples:

- "What if no one plays with me?"
- "What if something bad happens to my family?"

Helping children recognise the difference is important. Real-life worries can often be solved, while hypothetical worries usually need reassurance and letting go.



it's a hypothetical worry - practise letting it go

If the worry is about something that might happen, remind your child that thoughts are not always facts. You might say, "That sounds like a 'what if' worry."

Help your child **let the worry go** by writing it down and putting it in a worry box, taking a few slow, calming breaths, or **shifting their attention** to something else such as playing a game, colouring, or another activity they enjoy. These strategies can help children move on from worries that aren't happening right now.



If it's a real-life worry - try problem solving

If the worry is something happening now, use the problem-solving approach.

Name the problem

"What exactly are you worried about?"

Think of possible solutions

Encourage your child to come up with ideas.

For example:

- Ask the teacher for help
- Practise the work together
- Talk to a friend

Choose one solution to try

Pick the idea that feels most helpful.

Make a small plan

Decide what the next step will be and when it will happen.

Review how it went

After trying the solution, ask:

"Did it help? Do we need to try something different?"

This helps children feel more confident and capable of dealing with challenges.

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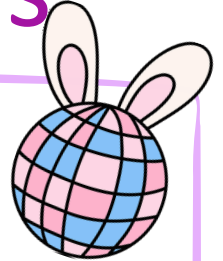
FRIENDS@SOUTHFIELD-PARK.SURREY.SCH.UK



News From The Friends

Easter Disco Today, 20th March

Come along if you made your booking!



There are three sessions for the disco - one for each phase of the school:

- Phase 1 (Reception and Year 1) 16:45 - 17:45
- Phase 2 (Years 2 & 3) 18:00 - 19:00
- Phase 3 (Years 4, 5 & 6) 19:15 - 20:15

Contact friends@southfield-park.surrey.sch.uk if you have any questions.

PRE-LOVED CLOTHING AND OTHER ITEMS COLLECTION AFTER EASTER BREAK



SCHOOL FUNDRAISING

More clothes -
more funds for
your organisation.
1 kg = £0.45

LEAVE YOUR BAGS BY THE OFFICE
BEFORE 8:50AM
ON

15 APRIL
WEDNESDAY

FILL ANY BAGS

PLEASE NO UNIFORMS OR DUVETS

WE ACCEPT

- Good quality clean clothing (adult's, children's, baby)
- Shoes (paired)
- Bags
- Hats & scarves
- Belts
- Fashion accessories
- Swimwear, lingerie
- Jewellery
- Perfumes

WE DONT ACCEPT

- Uniforms
- Dirty, wet, ripped, damaged clothing
- Traditional clothing
- Duvets & pillows
- Single shoes
- Toys, stationery
- Bric-a-brac & electrical items
- Books, CDs, DVDs
- Workwear
- Carpets, rugs, mats, curtains
- Hygiene items, diapers
- Linen & towels

Spring Term 2026 - Key Dates

Mon 23.03	All day	Dress Rehearsal for Music Festival (Glee) at Epsom Playhouse
Mon 23.03	Open Classrooms 2:45 – 3:45pm	
Tues 24.03	Eve	Choir attending Dorking Halls Music Festival
Tues 24.03 and Wed 25.03	Eve	Music Festival (Glee) at Epsom Playhouse
Wed 25.03	Reports out to parents (years 1 – 6)	
Fri 27.03	Break up at 1:30pm	

Summer Term 2026 - Key Dates

Date	Time	Event
Mon 13.04	8:35am	Children return to school
Tue 14.0.4		Duck egg experience arrives in Reception
Thu 16.04	Am	Grow, Cook, Enjoy planting with KS2
Fri 17.04	Year Group Newsletters out to parents	
Tue 21.04	Pm	Year 3 and 4 Girls' Football Tournament
Fri 24.04	Reception ducklings picked up	
Thu 30.04	9:15am	Year 1 Year Group Assembly
Mon 04.05	BANK HOLIDAY – SCHOOL CLOSED	
Thu 07.05	9:15am	Year 4 Year Group Assembly
Fri 08.05	9:00 - 10:30am	Reception Sports Day
Fri 08.05	6:00pm	Family Bingo Night with the Friends
w/c Mon 11.05		SATs in Year 6 including Breakfast Club
Fri 15.05	9:00 – 11:00am	Infant Sports Day (Year 1 and 2)
Fri 15.05	3:00 – 3:30pm	Krispy Kreme Donut Sale with the Friends
Mon 18.05	Class Photographs	
Thu 21.05	3:30pm	Year 5 PGL meeting for families
Fri 22.05	pm	Junior Sports Day at the Harrier Centre
w/c Mon 25.05	HALF TERM – SCHOOL CLOSED	
Wed 03.06	9:00 – 9:30am	Open Classrooms
Wed 03.06	6:00pm	SHINE Show
Thu 04.06	Year 6 Geography Field Trip to the River Mole	
Fri 05.06	Reserve Junior Sports Day	
w/c Mon 08.06	Year 6 Bikeability Level 2	
Mon 08.06	3:00pm	District Sports Field Events
Thu 11.06	9:00am	District Sports Track Events
Fri 12.06	Reception Trip to Bocketts Farm	
Fri 12.06	9:15am	Year 3 Year Group Assembly
w/c Mon 15.06	Year 5 Residential to PGL Liddington	

Date	Time		Event
Wed 17.06	Time tbc (early eve)	Choir event at The Horton	
w/c Mon 22.06	Creative Arts Week		
Mon 22.06	Summer Fair hamper donations (MUFTI)		
Mon 22.06	Dance Festival rehearsals at Epsom Playhouse (daytime)		
Tue 23.06 + Wed 24.06	Evening		Dance Festival at Epsom Playhouse
Wed 24.06	Grow, Cook, Enjoy cooking with Year 3		
Thu 25.06	Year 3 Sleepover		
Fri 26.06	1:15pm		Year 3 finish early
Tue 30.06 and Wed 01.07	Year 6 Transition Days at Secondary Schools		
Tue 30.06 and Wed 01.07	15:00-18:30 16:00-18:00		Y1-6 Parent Consultations (no
Wed 01.07	Grow, Cook, Enjoy cooking with Year 4		
Thu 02.07	Summer Fair bottle donations (MUFTI)		
Fri 03.07	Year 6 trip to London		
Sat 04.07	12:00 – 2:00pm	Summer Fair	
Mon 06.07	Grow, Cook, Enjoy cooking with Year 6		
Tue 07.07 and Wed 08.07	6:00pm		Year 6 Production
Wed 08.07	Grow, Cook, Enjoy cooking with Year 5		
Thu 09.07	9:15am		Year 2 Summer Sing-a-long
Thu 09.07	6:00pm		New Reception Parents information session
Fri 10.07	Year 6 to Chessington World of Adventures		
Mon 13.07	3:30pm		Sayers Croft information meeting (current year 3 parents)
Wed 15.07	5:30pm		Year 6 Leavers' Party
Fri 16.07	9:00am		Year 6 Leavers' Assembly
Fri 16.07	1:30pm		Break up for Summer Holidays



YMCA EAST SURREY

Supporting your child with the transition from Primary to Secondary school

Join YMCA East Surrey's Family Wellbeing Service for an informative and supportive online workshop about how to support and prepare your child, and yourself, for the transition from Primary to Secondary school.

Three workshop days and times to choose from:

- u Tues 17 March | 12:00 - 13:00
- u Wed 18 March | 18:00 - 19:00
- u Wed 22 April | 18:00 - 19:00

1:1 tailored follow-up sessions are available after the workshop, please indicate on the sign-up form if you are interested.

To register interest, please scan the QR code or click

[Family Wellbeing Service - transition workshop contact form](#)

For further information or to book a place, email

communitywellbeingteam@ymcaeast Surrey.org.uk



YMCA

Here for young people
Here for communities
Here for you

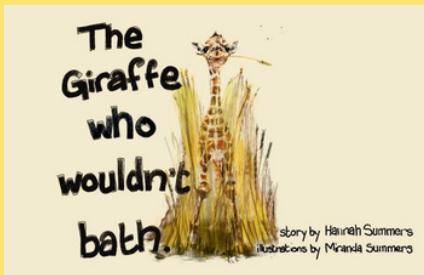


Easter Holiday Family Events

Theatre | Storytelling | Workshops



Make this Easter break unforgettable with a magical lineup of family events, perfect for little and grown-ups alike. From interactive storytelling to enchanting music and puppet theatre, there's something for every imagination to explore



Short Stories Tall Tales: The Giraffe Who Wouldn't Bath
Tuesday 31st March, 11:30am and 1:30pm
Adventure with Gerald on his hilarious sticky-icky journey while he discovers what happens when you don't have a bath. Inventive, interactive and above all, creative play for your little ones to enjoy.



Ages 0-5 Family Concert - Ferdinand The Little Bull Friday, 3rd April, 11:30am

Bilingual (English / Spanish) narrated concert, suitable for the whole family. The music of the English composer, Alan Ridout, performed on solo violin, tenderly illustrates this simple story that contains messages of peace, individuality and friendship. Ages 4+



Gaby Gulliver's Travels
Friday 10th April, 11:30am and 2:30pm
A magical shadow theatre show for children and grown-ups alike.

This imaginative retelling of a classic story of a journey through strange new worlds, where Gaby discovers what it truly means to be big...and small. Ages 5+



Shadow Puppetry Workshop with Indigo Moon Theatre
Friday 10th April, 1pm – 2pm
In this creative workshop children and their carers will use light and their imaginations to design their own shadow puppets and explore how to bring them to life. Ages 5+



ADVICE CAFE

WelcomePack

FRIDAYS
10AM-12PM

Freedrop-in hub with cake and refreshments for advice on debt, benefits, and other important issues.

St Barnabas | KT19 8HA | 020 8224 9838

Our regular advisors can help with:

Mental Health

Physical Health

Debt Help

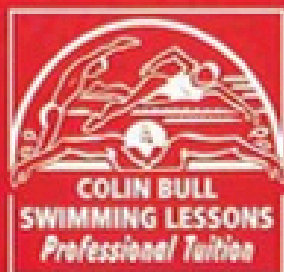
Employment

Housing

Benefits

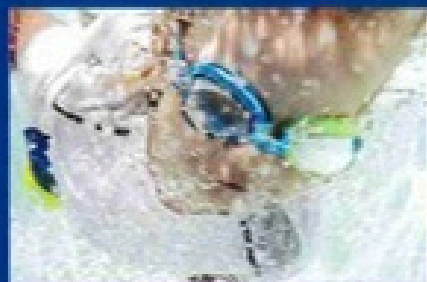
Other areas of support are also available, please get in touch to find out if we can help support you.

St
BARNABAS










SWIMMING LESSONS

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Club4 Parent Guide - Easter 26

Hey Parent/Carers! Looking for exciting ways to keep your kids active, creative, and full of smiles this Easter? Club4 is back—and we've got an incredible line-up of fully-funded holiday activities for eligible families across Surrey! The Holiday Activity and Food Programme, delivered by Active Surrey on behalf of Surrey County Council, is a fantastic Department for Education initiative offering places for children and young people from Reception to Year 11 who receive benefit-related free school meals. Funding covers up to 4 activity days per child. From high-energy sports and games to hands-on cooking, colourful arts & crafts, exciting outdoor adventures, and so much more — Club4 camps bring the fun every Easter, Summer, and Winter! Kids can explore new passions, build confidence, make amazing new friends, and create memories that stick long after the holidays.

There's something for every family... **SEND-specific** camps and family stay and play experiences, designed to be inclusive, supportive, and joy-filled **Teen days** out packed with adventure, teamwork, and new experiences

» **Family events** where everyone can get involved and make the holidays extra special

Bookings for Easter open at 7:30am on **Tuesday 24 February** – but why wait?

Register your interest now and get ahead of the [Scan the QR code or click here to book](#)

queue!
today! [Eequ](#)



We're so happy to see so many children and young people excited about our Club4 sessions!

But here's the challenge: some parents are booking spaces, and children aren't showing up.

Because these sessions are fully funded, every missed place means:

- *A funded activity spot goes unused*
- *Another child misses the chance to join in, have fun, and enjoy a healthy meal*

To make sure as many families as possible can benefit, providers may not be able to accept future bookings from families who regularly miss sessions without letting them know.

Only book sessions your child is able to attend

If plans change, cancel your booking on Eequ as early so possible so another child can enjoy the opportunity

Together, we can make this holiday active, creative, and memorable for every child!



Parent Highlights

*"A wonderful resource for families to ensure that all children have the opportunity to be active, social and have a chance for respite from additional needs siblings at home." **Parent***

*"These are amazing and I'm so so grateful as a single parent of three very young children to be given the opportunity to have my daughter go to these not just for her but for myself and her younger brothers. The staff are amazing and really have the children at heart." **Parent***



*"We had a fantastic time at the Stay and Play. The facilities are amazing and the staff so helpful and attentive, it's a perfect place for my daughter and her brother who has special needs to bond and try a new activity together. We will definitely be coming along again." **Parent***

*"Amazing, great staff, inclusive and great opportunities for kids activities." **Parent***



An Overview of Dyslexia and how to Support Learners at home



Do you want to be able to support your child at home with dyslexia?

- Definition of dyslexia
- Characteristic areas of difficulty
- Potential impact on literacy (and numeracy) development
- Benefits of a multisensory approach to learning
- Supporting reading
- Supporting reading comprehension
- Supporting writing
- Supporting spelling
- Keeping self-esteem high.

There will be the opportunity to ask questions and to meet other parents in a similar situation.

At the end of the workshop, you will:

- Understand dyslexia better
- Understand what dyslexia means for your child and how it affects more than reading and spelling
- Have practical ideas about how to help your child with memory and organisation
- Have practical strategies for helping your child with
- reading, writing and spelling
- Have learnt ways to boost your child's confidence and
- self-esteem.

Find out more about other courses we offer please go to our [website www.helenarkell.org.uk](http://www.helenarkell.org.uk)



A helping hand for a *healthier* *family*

Do you need help to achieve a healthy weight for your child or teenager?

Be Your Best is a funded healthy lifestyle programme for Surrey families with children & teenagers aged 5-17 years, who are above the healthy weight range.

We can help you make a positive difference to your child or teenager's health & wellbeing.

The programme is made up of one-to-one and group sessions:

Sessions include

Live cooking workshop
Meal planning for the whole family
Easy food swaps
Managing screen time
How to become an active family
Importance of sleep

One-to-one sessions

With a health & wellbeing advisor at a mutually agreed time & location

Online group sessions for parents/carers

Week days after school via Zoom

Online physical activity sessions

Group sessions via zoom or on-demand video content

"Me and my boys are really enjoying this programme and we are so grateful to be taking part." - Mum

Find out
more :



FREQUENTLY ASKED QUESTIONS

What age range do you offer advice for?

We provide free, confidential advice to all parents and carers of young people aged 0-25.

What kind of issues do you support with?

Our advisers are equipped to support you with anything that your child is going through. Including school avoidance, behavioural challenges, worry, ADHD, low mood and much more.

Is there a long wait time on the calls?

We aim to answer our calls as quickly as possible. But if there is a queue you can select the option for a call back within two working days or chat with us online.



IS YOUR CHILD GOING THROUGH A TOUGH TIME?

CALL OUR PARENTS HELPLINE ON

0808 802 5544

or visit www.youngminds.org.uk/parents-helpline

Freelanguage translation and interpretation services are available.

YOUNGMINDS