

E-Safety



Information online: is it *reliable*? Be SMART!

Information on the internet may not be accurate or reliable. It may be used for bias, manipulation or persuasion.

The internet contains fact, fiction and opinion. Ask yourself: is this reliable? Check with a trusted adult!

Use strategies to verify information, e.g. cross-checking

Be careful when using an internet search for images.

Most images, videos and music are protected by copyright. Be careful: don't be a copycat!



Key Vocabulary

Digital footprint

Download

Respect

Reliable

Cyber bully

Password

Personal

Private

Netiquette

Appropriate

Concern



Be SMART: make sure you're safe with privacy settings ON and tell a trusted adult if you are worried...

Keeping Personal Information Safe

Passwords and **privacy settings** are both really, really good ways of keeping your information private and keeping you safe **online**.

Passwords stop people from getting into your account, but they also stop people from seeing any private information that might be in your account.

Privacy settings mean that you can control what people can see on your account.

What Is a Digital Footprint?

A digital footprint is a trail of information you leave behind when using apps and **websites**. Every time you visit a **website**, download an app or play a game **online**, a tiny bit of information about you is saved. This makes up your digital footprint.



How to Create a Secure Password

- Include numbers, letters and symbols.
- Never use obvious names or dates.
- Make it something that you will remember but others cannot guess.



Top Tip: Keep your password safe. Don't share it with others.

Great!



click;

Think before you:

post;

or share.



How Can I Create a Positive Digital Footprint?

- Search for yourself online** - Use a search engine to search for your name. Look at what you find. If you find something that upsets you or you think shouldn't be online, talk to a trusted adult.
- Check privacy settings** - Talk to a trusted adult about the privacy settings on the digital devices you use and web pages you visit. Remember that the content that other people add to your profiles will affect your digital footprint.
- Deactivate and delete** - When you stop using a web page or profile, delete or deactivate the account. This means the content is no longer live and cannot be searchable online. It also prevents hackers from accessing accounts that you aren't using anymore.



Cyberbullying

Cyberbullying (also known as **online** bullying) is any form of bullying that takes place **online** and causes harm or distress to a person or group of people.

Think about how hurtful your words could be when writing something **online**.

If you think you might have written something mean, you should say sorry and remove the comment if you can.

Remember, if you see anything **online** that makes you feel upset or uncomfortable:

Report - Report via the **online** site that you experienced it on, then tell a trusted adult about it and ask for help.

Save - Keep evidence; take screenshots.

Block - Block the person or group of people responsible.

Read more:



Research more:

<https://www.childnet.com/hel-p-and-advice/4-11-year-olds>

<https://www.childline.org.uk/in-fo-advice/bullying-abuse-safety/online-mobile-safety/staying-safe-online/>